

We will be using Modified FIFA rules except for the following modifications. If you have been playing with National Federation rules and are unfamiliar with the Modified FIFA differences the following are the major changes:

- Substitutions are on goals, goal kicks and possession throw ins (if the other team is at midfield, they may come in, too)
- On a second caution (yellow card) it is a straight red and the team plays a player down.
- If throw in never comes in, it is a re-throw for that team
- If a player is cautioned (yellow card), the coach does not have to substitute the player. It is the coach's option.

We will also be using the same modifications for the VISAA Tournament matches:

- Substitutions on an injury or a caution are unlimited for both teams if they are at midfield waiting to come in.
- Play two 40 minute periods. If tied at the end of regulation, two full 10 minute overtime periods will follow (no Golden Goal).
- If still tied penalty kicks will decide the winner. Designate your first 5 kickers. If still tied, then designate your next 5 kickers who must be different kickers from the first set of 5 kickers. The second set of 5 kickers is sudden death. If still tied, then players from the first 5 kickers can be used again. The players do not have to be on the field at the end of overtime to participate in PK's.