

Schools are Fredericksburg Christian, Fredericksburg Academy, Highland, Foxcroft, Seton, Randolph Macon, Tandem Friends, Wakefield Country Day, Quantico, Emmanuel Christian School, St. Michael the Archangel

From our constitution-

**A. SOCCER (Boys and Girls)**

1. Points will be awarded for determining the regular season standings. (Two points are awarded for a win and one point for a tie).
2. In case of a tie at the end of a regular season contest, the contest will be called a tie. During the tournament, two five-minute overtime periods will be played. If the score is still tied, then five player shootouts will be used until a winner is decided.
3. Varsity: Two 40 minute halves  
JV: Two 35 minute halves  
Middle School: Two 30 minute halves
4. No slaughter rule.

**VISAA RULES:**

**Modified FIFA Rules**

We will be using Modified FIFA rules including the following additional modifications. If you have been playing with National Federation rules and are unfamiliar with the Modified FIFA differences the following are the major changes.

- Substitutions are on goals, goal kicks, Possession corners and possession throw ins (if the other team is at midfield they may come in too)
- On a second caution (yellow card) it is a straight red and the team plays a player down.
- A player that is ejected must sit out the next game in the tournament
- If a player is cautioned (yellow card) the coach does not have to substitute the player. It is the coach's option.

**Modifications for the VISAA Tournament matches (played with Modified FIFA Rules)**

- Substitutions on an injury or a caution are unlimited for both teams if they are at midfield waiting to come in
- Play two 40 minute periods.
- If tied at the end of regulation, two full 10 minute overtime periods will follow.
- If still tied penalty kicks will decide the winner. Designate your first 5 kickers. If still tied, then designate your next 5 kickers who must be different kickers from the first set of 5 kickers. The second set of 5 kickers is sudden death. If still tied, then players from the first 5 kickers can be used again. The players do not have to be on the field at the end of overtime to participate in PK's.