

Schools in the CAC are :

Wakefield, Middleburg Academy, Shenandoah Valley Academy, Massanutten Military Academy (MMA)

1. In case of a tie at the end of a regular season contest, the contest will be called a tie. During the tournament, two five-minute overtime periods will be played. If the score is still tied, then five player shootouts will be used until a winner is decided.
2. Varsity: Two 40 minute halves  
JV: Two 35 minute halves  
Middle School: Two 30 minute halves
3. No slaughter rule.

**VISAA RULES:**

**Modified FIFA Rules**

We will be using Modified FIFA rules except for the following modifications. If you have been playing with National Federation rules and are unfamiliar with the Modified FIFA differences the following are the major changes.

- Substitutions are on goals, goal kicks, Possession corners and possession throw ins (if the other team is at midfield they may come in too)
- On a second caution (yellow card) it is a straight red and the team plays a player down.
- A player that is ejected must sit out the next game in the tournament
- If a player is cautioned (yellow card) the coach does not have to substitute the player. It is the coach's option.